

## Testimonials: Osteoarthritis

I had been diagnosed with osteoarthritis of my hands. I had severe pain especially in both of my thumbs. Master Hou treated me for three months, treating specifically my neck and upper back.

I have been pain free for over a year. I have never felt better in my life. My posture is improved and I practice QiGong every day.

I am a registered Nurse with over 20 years of experience and I am truly happy to know there are alternatives to traditional medicine.

Master Hou has introduced me to a healthier life. Thank you Master Hou.

J.L.