Testimonials:

Nerve Damage, Car Accident Injuries, Back and Neck Pain, and More

Mr. FaXiang Hou QiGong Master

Re: Evelyn M.

I received my injuries from a car accident in March 1994. I was taken to the hospital where X-rays were taken and I was given something for the pain and was told to see my physician as soon as possible. Because of my injuries I was referred to Dr. Maginelli (Chiropractor) where I received treatment for several months for injuries on the right side of my body; (severe neck pain, headaches, howler back pain, a burning sensation in my back, neck and leg, and pain and numbness radiating down my arm and leg). Dr. Maginelli sent me to have a cervical spine MRI. (see report) It showed nerve damage, neck and back vertebrae problems just to name a few.

Surgery for carpal tunnel syndrome was done because I started to feel numbness in my fingers and sharp pain in my wrist and arm. After the surgery, I am still experiencing some pain and discomfort. The medication and treatments helped me some. When the chiropractic treatments were completed, I was referred to Dr. H. Wroblewski who gave me trigger point shots, physical therapy, oral steroids, and electrotherapy. I could not stay on the steroids for a long time because of the side effect. My pain was relieved for a while and I thought that everything was going to be okay when I started to limp, and my right leg and hand started to shake. I tried to control the shaking but found out that I couldn't. It had gotten to the point where I was dropping things and sometimes I lost my balance.

Dr. Wroblewski referred me to the Kessler Institute for Rehabilitation for aqua therapy because he felt that I might be able to get some relief by going there. (Sometimes I felt as though I was falling apart.) I cannot say that I didn't feel better sometime from all the help that I received, but I didn't want to be on drugs the rest of my life and I wanted to be pain free. When I had the surgery for carpal tunnel syndrome, the surgeon stated that I might get some relief if I had surgery on the nerve in my neck and possible surgery on my back and to call him when I was ready. He could not give me positive

feedback that I would be 100% pain free. There were times that I wanted to call the doctor to schedule the surgery because I was tired of hurting. Dr. Wroblewski said that there was someone that could possibly help me but I didn't bother to ask him who it was because I thought that it was going to be someone who was going to give me more medication.

I have a very good friend Mary who also goes to Dr. Wroblewski and she had had the surgery on her neck and she was still in pain. Mary said that she had gotten some relief from her pains by a Master Hou who had given her acupressure, and if she had known about Master Hou earlier she wouldn't have had the surgery. I asked Dr. Wroblewski if he could refer me to Master Hou because if Mary was helped then maybe I could be helped too. I called Master Hou's office in Mt. Laurel and scheduled an appointment for Mary and myself for the following week. I was asked to bring my medical reports and X-rays with me.

Master Hou, after reading the report and looking at the X-ray proceeded to examine me. Needless to say I was shocked at his method of examination. (He knew that I was nervous and immediately made me feel quite comfortable.) First let me say that when I went to him I was shaking uncontrollably from the nerve damage, and my feet and legs were swollen. The medication that I was on was not helping me get rid of the fluids. Then Master Hou started to treat me. As I was lying on the table I said to myself what had I gotten myself into and ho did I let my friend talk me into coming here. When Master Hou had completed the examination and treatment, I was hurting more than ever, because I was not used to this type of treatment. Master Hou said that he could help me if I continued coming for treatments approximately once a week. I felt that there was no way that I was going back and plus pay for him to torture me. Before my next visit, the shaking was gone completely, the swelling in my feet and legs were almost gone, and the pain that I had experienced had subsided considerably. My family, friends, and co-workers noticed the difference right away and wanted to know what I had done and what medication I was on. I told them about Master Hou and his method of treatment and they thought that I was crazy to let someone torture me to feel better, but then I also told them that I found someone who believes that a person does not have to take medication all their life or have surgery to be healed of their ailments. There is an alternative way instead of surgery, it's called QiGong Therapy. It is almost

unbelievable that someone could do so much for a person without medication. I have been going to Master Hou for some time now and I would recommend his treatment to anyone who wants to know about alternative medicines. Master Hou has almost given me my life back. I now do not need or see surgery in my future. Thank you Master Hou for showing me another way.

Not only has Master Hou helped me with these problems, but he has also healed me of sinusitis, sleeplessness, headaches, lowered my blood pressure, and a few more problems, plus believe it or not I've lost weight since going to him. I also feel that if I continue going to him and practicing the exercises he has given me then hopefully I will be pain free without drugs and surgery.

I believe that if more American doctors would learn about the Eastern medical field and their herbs then possibly there would be less unnecessary surgery, and the prescribing of drugs with their side effects.