

Testimonials: Herniated Disc

Mike B.
Cherry Hill, NJ

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I started with Master Hou approximately 3 months ago at the urging of a friend who is familiar with alternative medicine, and who had seen Master FaXiang Hou herself for some back and neck problems.

My problem was a herniated disc (L4-5) that had been so painful that I was having a hard time walking due to severe pain in my hip, leg and foot. I had been to an Orthopedic specialist who after looking at my MRI told me that nothing would help other than surgery. The second Ortho specialist that I saw, said he was 75% sure I would need surgery but suggested that I try 3 epidurals. The first gave me some relief, however the second and third did very little.

I decided that I was willing to try anything; the pain was so bad I could barely get around, let alone be active in sports as I had always been. This is when I saw Master Hou. Master Hou has given me a tremendous amount of pain relief. I can walk without any pain and do things around the house that 3 months ago would have been impossible. It would've been extremely beneficial if I had seen Master Hou at the beginning of my injury, I believe that I would have saved myself a lot of pain and suffering. I strongly recommend Mater Hou.

Sincerely,

Mike B.