

Testimonials:

Back Injury & Pain

Back Pain

September 10, 2001

I have had back pain for over fifty years and have treated with Physicians, Chiropractors, medications, bracing, injections, massage – nothing helped my pain.

In May 2001 I came to see Master FaXiang Hou and after four treatments I was pain free in my back with more mobility. I have not taken any pain medication since seeing Master Hou in May. At this time I still see Master Hou for spinal maintenance and cancer.

Joseph M.

Back Injury

Monica L. – March 29, 2004

In June 2001 I was in a car accident and hurt my back very badly. I was unable to work, and I couldn't stand or sit for any period of time. I saw many different doctors who gave me all different "diagnosis" ranging from I needed surgery to it was all just in my head. I was receiving chiropractic treatments, but they did not help at all. I developed a limp and severe hip pain as well. After a year of only worsening I had to move from my California home to my parents home in New Jersey.

Fed up with doctors, I began more research into Chinese medicine. I had received successful acupuncture treatments in the past and was interested in something similar. Someone had recommended QiGong and I began to read more about it, and soon came across Master Hou's website.

I began treatment with Master Hou in August 2002. In the beginning, it was very painful and he told me that I would feel worse before I got better, but assured me that I would feel better soon. I trusted him (I had no choice!) and within a few weeks my limp started to disappear. The treatments

became less painful and I began to look forward to them! Within a few months my pain had significantly lessened and I was able to do more and more normal daily activities. I also signed up for his QiGong classes and his fasting classes, and felt better and better every day. I was able to work again by Christmas. I felt significantly better and constantly improving. By late spring, I felt almost 100% better. At this time, I feel better than I did before the car accident. Master Hou had done so much to help not only my back but also my whole attitude towards health and wellness.