

Testimonials: Fibromyalgia

Fibromyalgia, Arthritis, Osteoporosis, Spine Curvature

Dear Master Hou:

A very long time ago you asked if I would write a letter detailing how you helped my mother. Please know, that while I never did actually write that letter, you did indeed help my mother – tremendously.

When Mommy and I first came to you she was suffering with symptoms from Fibromyalgia Rheumatica, Osteoporosis, Rheumatoid Arthritis, and curvature of the spine. Mommy was taking (truly) enough painkillers to send most people to an emergency room. It is all still too painful for me to actually document in detail. Suffice it to say then that we came to you in Autumn 2004, and by April 2005 Mommy was off of ALL pain medicine. This dear Master Hou, is to your credit. Thank you.

Tragically, a dog attacked Mommy and me, on April 14, 2005. On June 30th, 2005 Mommy died from injuries and infections resulting from the dog attack.

With Blessings and Wishes for Good Health to You,
Carolyn H.

Fibromyalgia, Muscle Pain, Depression, Fatigue

Ten years ago I was diagnosed with fibromyalgia. My symptoms have included muscle pain all over my body, fatigue and depression. As of four years ago my knees and lower back began to hurt so much that it limited my ability to walk long distances. The Doctor diagnosed this as arthritis. I have been receiving bi-monthly treatments from Master Hou for 14 months and have been practicing his foundation QiGong daily for a year. The fibromyalgia is gradually improving. The muscle pain has lessened; I have a lot more energy and am able to enjoy life more. My knees and lower back

rarely give me any trouble. As an added benefit my menstrual problems have dissipated.

My body is stronger, firmer and more flexible and my emotions are more balanced and stable.

It's been a joy working toward better health with such a loving and playful Master of the healing arts.

I am extremely grateful.

Peggy R.
